



COASTAL HOMESCHOOL ATHLETIC ASSOCIATION

CHEERLEADING INFORMATION SHEET



WELCOME!

Thank you for your interest in joining the CHAA Varsity Team Cheerleading Squad. Please note: we are not a competitive cheerleading squad and cheer only for the CHAA Hurricanes Football, and Varsity Boys & Girls Basketball teams. **Here's what you'll need to know before deciding to cheer with us:**

Requirements: Your child must be aged 13 or older by May 1st for Football Cheer and by September 1st for Varsity Basketball Cheer. Boys and girls are welcomed to join.

Every cheerleader **MUST** attend a cheer evaluation to assess their skills and pay a non-refundable \$50 deposit in order to participate. No experience is necessary and every child will make the squad (although not every child may cheer every game or participate in the halftime show). **Evaluations will be held the first weekend in May for Football Cheer and the first weekend in October for Basketball Cheer.** For details and to register, please email Cheerleading.CHAA@gmail.com. (Waiver provided at evaluations.)

The balance of ALL participation fees are due in full by the third Monday in May for Football Cheer and the third Monday in October Basketball Cheer. (Participation fees are non-refundable). Make checks payable to CHAA.

We strongly recommend attending practices before committing to the team to make sure our program is a good fit for your family and your schedule. Cheerleading requires a commitment from both parent and athlete. All cheerleaders must attend team practices and home games (Football cheerleaders must attend away games as well); however attendance at any seasonal championship tournaments is optional. Parents must also agree to serve as a volunteer for 5-hours during the season as well as assisting with the cheer squad specifically. Failure to sign up for volunteer hours prior to the start of the season will result in suspension or dismissal from the squad.

Our cheerleaders are trained to perform stunts, lifts, and jumps. Additional fees will apply for this summertime cheer clinic held the last weekend in May. Any student interested in performing stunts during our season must attend this training. If your child is unable to attend they will not be allowed to stunt during the season.

Your child must carry insurance through CHAA (*Included in cost*). If you also have private insurance as well, a copy of your card must be submitted with the registration paperwork.

Practice:

FOOTBALL CHEER:

Preseason Cheer & Conditioning: (2nd through 4th Weeks of MAY) Tuesdays & Thursdays from 5:30pm – 8:00pm, Location TBD

Summer Tumble & Stunt Clinic: To be held the last weekend in May (Time, cost, and location TBD)

Regular Season & Practice (AUGUST-NOVEMBER): Tuesdays & Thursdays 5:30 – 8:00pm (Location TBD). Additional practices or extended practice times may be scheduled as needed. All games are held on Fridays and cheerleaders will attend both home and away games.

VARSITY BASKETBALL CHEER:

Preseason Cheer & Conditioning: (2nd through 4th Weeks of October) Mondays from 5:30pm – 8:30pm, at Bloomingdale Alliance Church

Regular Game Season & Practice: (NOVEMBER – FEBRUARY): Mondays from 5:30 – 8:30pm. Location TBD, practice times and dates are subject to change; Cheerleaders will attend only home games.

Cost:

FOOTBALL CHEER: -

New Cheerleader: \$225 (includes \$50 non-refundable deposit payment made at Evals.)

Returning Cheerleader: \$175 (includes \$50 non-refundable deposit made at Evals.)

VARSITY BASKETBALL CHEER:

New Cheerleader: \$150 (includes \$50 non-refundable deposit made at Evals.)

Returning Cheerleader: \$100 (includes \$50 non-refundable deposit made at Evals.)

*There are no family/multiple child discounts in effect for the cheerleading squad. Fundraising/ sponsorship opportunities are provided throughout the year.

Uniform Requirements:

FOOTBALL CHEER	VARSITY BASKETBALL CHEER
Cheer shell, skirt & shorts (fittings will occur at the end of May, Uniforms (except shorts) must be returned at the end of the season)	Cheer Jersey top (Must be returned at end of the season)
Pompoms (Practice poms may be kept, game poms must be returned at the end of the season)	Black Capri pants (You provide)
Practice & Game Hair bows (Yours to keep.)	Pompoms (Practice poms may be kept, game poms must be returned at the end of the season)
CHAA T-Shirt (To be worn during practice with black track shorts which you provide. Yours to keep.)	Practice & Game Hair bows (Yours to keep)
Warm-ups (Once you have been issued a warm-up, they are yours to keep and reuse each season you cheer. Personalization available for additional fee.)	CHAA T-Shirt (To be worn during practice with black track shorts which you provide. Yours to keep.)
White no-show socks (You provide)	Warm-ups (Once you have been issued a warm-up, they are yours to keep and reuse each season you cheer. Personalization available for additional fee.)
White cheer shoes (You provide. Not brand specific.)	White no-show socks (You provide)
	White cheer shoes (You provide. Not brand specific.)

***Returning cheerleader rates only apply if you are providing practice poms, practice uniform, and warm-ups for the season.**

What to expect: We believe that everything we do should be done in excellence to please God. This is especially true with cheerleading because it is our responsibility to encourage and motivate our players to do their best out on the field or court. We use a behavior management evaluation system called "*Making the Grade*" which requires our cheerleaders to earn straight A's in:

Attendance – Arrive on time every time to all practices, games, & events

Ability – Work hard to acquire and perfect their skills and stamina

Attention – Pay attention to the coaches and not be a distraction

Attitude – Maintain a positive, respectful, and CHEERFUL attitude

Athletes who do not make the grade will be subject to disciplinary actions ranging from verbal correction, to suspension, to dismissal from the team.

READY TO JOIN US?

Next Steps: Attend our Cheerleading evaluations (First weekend in May for Football or first weekend in October for Basketball). Complete a Waiver and pay your \$50 non-refundable participation fee. (*Returning cheerleaders who cheer for Football do not have to pay this fee if they will be continuing to cheer for the Basketball season, but must attend the evaluation*).

Attend practices as scheduled. Once you have decided to commit to the team, you will receive an email with a link to our ONLINE Google DOCS Cheerleading Application.

Pay all participation fees by the deadline (third week of May or October for Football and Basketball respectively). Make all checks payable to CHAA. No late payments or applications will be accepted. If you have missed a deadline, we welcome you to participate in the next season of cheer.

Sign up to volunteer! We are a volunteer organization and each parent is required to volunteer a minimum of 5 hours throughout the season for CHAA in addition to volunteering specifically with the Cheer/Flag Team. You will receive links to a Signup Genius after your final payment is made.

We're excited you're joining us!
Please email us if you have any questions at:
Cheerleading.CHAA@gmail.com