# 2025



# COASTAL HOMESCHOOL HURRICANES VOLLEYBALL GIRLS - MS | JV | V



# Season Info & Parent Guide

# HI!

My name is Stacy Martinez, and I'm honored to serve as the Volleyball Director for CHAA Hurricanes Volleyball. I'm also a certified volleyball coach, and this marks my fifth season coaching—three with school teams and two in club volleyball.

This year, we're excited to have three competitive teams— Middle School, Junior Varsity, and Varsity. Each team will play a full season with around 16 games and a couple of tournaments.

At CHAA, our goal is to build strong foundations—not just for competition, but for life. Our program focuses on teaching consistent fundamentals and drills across all levels, so every athlete develops solid skills and a shared understanding of the game.

Middle School will practice from 4:00 to 6:00 PM, and High School (JV and Varsity) will practice from 6:00 to 8:00 PM. We are a Christ-centered program, and we aim to honor God in everything we do—through our teamwork, our work ethic, and our attitude both on and off the court.

We're looking forward to a great season filled with growth, fun, and competitive volleyball. Thank you for being part of the Hurricanes family—we're glad you're here!

- Coach Stacy

## **COACHING STAFF**



**Middle School Head Coach** Amanda Stafford



**Junior Varsity Head Coach** Stacy Martinez



Varsity Head Coach Brad Brant



**Assistant Coach** Colleen Atkinson



**Assistant Coach** Tobi Lariscy



**Assistant Coach** Armando Martinez

#### SEASON CALENDAR PRACTICE

Tryout Week Tuesday, May 6<sup>th</sup> and Thursday, May 8<sup>th.</sup>

> Middle School is 4-6 pm. High School is 6-8 pm.

> > Practice Schedule

May 27<sup>th</sup> - June 26<sup>th</sup> July 10<sup>th</sup> - July 31<sup>st</sup> August 4<sup>th</sup> - October 24<sup>th</sup>

Tuesdays and Thursdays. Mondays added in August.

Middle School is 4-6 pm. High School is 6-8 pm.

## **SEASON COSTS**

Middle School \$250

JV and Varsity \$275

These fees include: Uniform jersey and warm-up jersey Water bottle Volleyball bag Home and away games Player stats tracking

Tournaments are funded through corporate sponsors and team fundraising efforts.

Please note: Families are responsible for their own entrance fees to both home and away games.

#### SEASON CALENDAR GAMES

AWAY GAMES [in blue] HOME GAMES [in black]

August 14<sup>th</sup> @ Veritas - MS/V August 16<sup>th</sup> @ Columbia, SC - V August 19<sup>th</sup> vs. Faith Baptist - MS/JV/V August 21<sup>st</sup> @ Memorial - JV/V August 22<sup>nd</sup> @ Heritage - MS/V August 23<sup>rd</sup> vs. Low Country - MS/JV/V August 25<sup>th</sup> @ Bible Baptist - JV/V August 26<sup>th</sup> vs. Trinity - MS/V August 28<sup>th</sup> @ Thomas Heyward - MS/JV/V

September 4<sup>th</sup> vs. Cross Schools - MS/JV/V September 9<sup>th</sup> vs. Memorial - JV/V September 11<sup>th</sup> @ St. Andrews - JV/V September 13<sup>th</sup> @ Low Country - MS/JV/V September 15<sup>th</sup> @ Trinity - MS/V September 18<sup>th</sup> vs. Heritage - V September 23<sup>rd</sup> - Travel to Gatlinburg, TN September 24<sup>th</sup> @ Nationals - Gatlinburg, TN September 25<sup>th</sup> @ Nationals - Gatlinburg, TN September 26<sup>th</sup> @ Nationals - Gatlinburg, TN September 26<sup>th</sup> @ Nationals - Gatlinburg, TN September 26<sup>th</sup> @ Nationals - Gatlinburg, TN

October 3<sup>rd</sup> @ Faith Baptist - MS/JV/V October 7<sup>th</sup> @ Cross Schools - MS/JV/V

#### SEASON CALENDAR TOURNAMENTS

August 9<sup>th</sup> - Friends & Family Tournament Home Gym - Fundraiser

August 16<sup>th</sup> - PAC Invitational - Tentative Columbia, SC - Varsity Only

August 16<sup>th</sup> - Tentative - JV/V AWAY

September 24-26 - Nationals Gatlinburg, TN - MS/JV

October 11<sup>th</sup> - *Tentative* - JV/V AWAY

October 18<sup>th</sup> - *Tentative* - MS AWAY

October 25<sup>th</sup> - *Tentative* - JV/V AWAY

## SEASON COMMUNICATION

Stay in the Loop!

Once teams have been announced, we will use the GroupMe app for all team communication. The player (if allowed) and the parent will be sent an invitation to join the private thread.

Each team - MS/JV/V - will have their own thread to stay up to date with practices and games. Players and Parents can communicate with the coaches through GroupMe as well.

We have a 24 hour policy. Please wait 24 hours after a game/tournament to talk to a coach. Please do not complain publicly on GroupMe or our social media pages. Please contact the coach directly or email the director: volleyball@coastalhomeschoolathletics.org

### SEASON EXPECTATIONS

#### PARENTS

CHAA (Coastal Homeschool Athletic Association) is a volunteer-led organization. For us to operate smoothly, parents are asked to volunteer throughout the season in various roles. Our parents are needed to set up the gym, work the gate, line judge, libero tracking, scorebook, scoreboard operator, and clean-up the gym.

Parents are expected to be positive and supportive on the sidelines. Our players will be nervous and look to their parents. If the parents are positive and upbeat, it will help the girls play better. Respecting the refs is a must.

Please have your player arrive 10 minutes prior to practices and an hour prior to games - unless the coach tells them otherwise. Middle School is required to help set up the net.

High School is required to take down the net.

#### SEASON EXPECTATIONS

#### PLAYERS

Attendance Policy Consistent attendance is essential for team growth and success. Players are expected to attend practices, games, and tournaments. If you have to miss, please notify your coach in advance.

Effort, Sportsmanship & Communication

We value hard work, a positive attitude, and respect—for coaches, teammates, referees, and opponents. Every player is expected to give their best effort at every practice and game. We win with humility and lose with grace. Open and respectful communication is key: athletes should feel comfortable asking questions, taking feedback, and addressing concerns with maturity.

These qualities reflect the Hurricanes standard and help build strong, confident players.

## SEASON EXPECTATIONS

#### UNIFORMS

Uniforms will be given to players and must be returned to their coach at the end of the season.

Practice: Players must wear practice shirts, athletic shorts, proper volleyball shoes, and kneepads.

Games: Full uniform is required—jersey, warm-up shirt, black spandex/shorts, white socks, volleyball shoes, and white kneepads. Please arrive dressed and ready to warm up.

Gear Checklist: Varm-Up shirt VGame jersey Black Spandex/shorts Volleyball shoes Vhite Kneepads Vater bottle Hair ties

Gear Care Tips:

Wash jerseys in cold water and air dry to preserve logos and colors. Avoid fabric softeners or bleach.

## LET'S GO!

#### 2025

Thank You!

Coastal Hurricanes Girl's Volleyball is excited for the upcoming 2025 season!

See you at tryouts.

Teams will be announced no later than a week after tryouts! If you do not make a team, please do not stop playing. Reach out to Coach Stacy and she can provide you with resources - camps, clinics, clubs, and private lessons - to keep your volleyball journey continuing.

CANES ON THREE!